

# Antwon Freeman

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## OBJECTIVE

Dependable and enthusiastic second year apprentice construction laborer with solid experience in providing support to diverse construction projects. Strong drive for results, effective oral communication skills and proven ability to execute instructions effectively. Proven record of working efficiently with others in a team environment.

## CERTIFICATION

Flagger	Haz Com
Mason Tending	Pipelaying
Scaffold Builder	Scaffold User
OSHA 10hr	Suspension Scaffold
CPR	Back Safety
Fork Lift certified	

## EDUCATION

**Insurance Coding and Billing Diploma 2006**  
Westwood College, Calumet City, Illinois

## PROFESSIONAL EXPERIENCE

### **QUAD LOGISTICS (FEBRUARY 2020-2023)**

**BOLINGBROOK, ILLINOIS**

#### **FORKLIFT OPERATOR, MATERIAL HANDLER**

- SKIDDING OPERATIONS SUCH AS STRAPPING, BANDING, WRAPPING OR CARDBOARDING.
- TRANSPORTING PRODUCT TO VARIOUS PARTS OF THE WAREHOUSE.
- ASSEMBLY OF SHIPPING CARTONS. TAPING STRAPPING AND ADDRESSING PALLETS TO BE LOADED AND SHIPPED.
- FOLLOWING ALL SAFETY REGULATIONS SUCH AS CLEAR COMMUNICATION WITH PEERS REGARDING SHIFT EXPECTATIONS.

### **SUPERIOR LABOR SOLUTIONS (MARCH 2016 – 2019)**

***Roselle, Illinois***

***Laborer***

- Perform final and general clean up of space including mopping, dusting, removal of protection.
- Hard surface floor cleaning including scrubbing, waxing and buffing.
- Dust removal from overhead pipes, duct work, light fixtures.

- Window and frame cleaning.
  
- Cleaning built-in cabinets and other built-in fixtures.

**COBRA CONCRETE (MAY 2015- OCTOBER 2015)**

***Arlington Heights, Illinois***

***Laborer***

- Proficient in the use of various heavy duty cutting machinery such as slab saws, wall saws, core drilling and jack hammering.
  
- Removal of concrete and debris from work site.
  
- Clean up of slurry and other waste products.