
Anthony E. Roberts Jr.

Detail Oriented Trainer

Lakewood, CO 80228

(484) 478-2825

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SKILLS

Fitness Mentor, Team Coordination, Understanding Of Health And Safety Practices In Commercial Gyms, Management, Sales

EXPERIENCE

Gold's Gym, Los Angeles - *Trainer*

March 2021 - February 2023

- Train Clients, Tool Management, Nutritional Mentoring
- Helping Mentor Fitness, Quality Assurance

YMCA, Fargo - *Training Assistant*

June 2019- February 2021

- Mentor Activities Within Fitness Center
- Assessing Physical Health Condition Of Clients

Lowes, Havertown - *Flooring Specialist*

October 2016 - May 2019

- Order Management, Consolidation, Sales
- Forklift, Customer Service, Load Materials

EDUCATION

DCCC, Philadelphia - *MBA Sales*

May 2015

Springfield High School - *High School Diploma*

June 2012