

Sara Anderson

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Education

University of Denver

September 2012-June 2014

M.A. in International Disaster Psychology

University of Wisconsin

September 2005-December 2009

B.S. in Psychology

Research Experience

C.A.R.E. Health Center (Namakkal, India)

June 2013-August 2013

I worked in the clinic to carry out a research project of women with HIV/AIDS. This research included translation of materials, administering of surveys, data entry, and running of focus groups. Currently I am analyzing the data using SPSS that was collected to write up for publication.

University of Wisconsin School of Medicine and Public Health

May 2010-July 2011

My duties were doing the therapy adherence rating for the R34 research grant. The project is the comparison between two types of therapy for the treatment of bulimia. I have been trained in determining if the therapists are conducting the treatment as prescribed. I listened to therapy sessions and coded each one. My group and I were be responsible for entering data and some write ups of our findings

Research Assistant- University of Wisconsin

January 2009- December 2009

I worked in an undergraduate psychology research lab for three semesters for credit. Initially I was an experimenter, and learned how the lab ran and my duties were to recruit then instruct participants through the experiment and afterwards enter data from the participants. I then was promoted to the position of lab supervisor. My responsibilities included supervising the other students who were experimenters. I also was responsible for setting up the lab sessions, debriefing the participants, and for data entry. I worked with the other supervisors to solve various problems that occurred throughout the study.

Work Experience

MyStrength Inc. (Denver, CO)

January 2014-Current

I am working on program development and evaluation of the upcoming substance abuse module/phone application and other products. The evaluation includes the development and administration of a satisfaction survey and semi-structured interviews, followed by data analysis. Additionally, I am working as a research consultant on a project to bring mental health support through technology to people working internationally in rural areas with limited access to health care.

Synergy Residential (Denver, CO)

September 2013-April 2014

I worked as a case manager and drug and alcohol counselor intern in a residential facility for adolescent males with conduct disorder and substance abuse. These duties include being a part of the treatment team for the clients, developing treatment plans, coordinating with other professionals, facilitating groups, and one on one work with clients.



CO Traumatic Brain Injury Trust Fund (Denver, CO)

February 2013-June 2013

I developed a program proposal to provide additional care coordination via telemedicine for children in schools and adults in their homes.

Spring Institute & Project SHINE (Denver, CO)

October 2013-May 2013

I worked with primarily refugees, many who have been in the U.S. less than one year. I taught English and health literacy classes ranging from children to the elderly. I also worked to make sure those associated are keeping up with their health insurance, food, and cash assistance benefits by recruiting and signing up refugee families through Colorado's PEAK system. I was also responsible for training and tracking other volunteers' work with the PEAK system.

Wm. S. Middleton Memorial Veterans Hospital (Madison, WI)

June 2010-August 2012

I was principally responsible for the day-to-day execution of administrative functions, patient contact, and communication for the Tele-mental Health Program. I assisted with contacting patients in recruitment for the program, tracked patient progress, provided basic patient care for patients with depression, PTSD, substance abuse, among other mental health diagnoses, and wrote up progress notes in patients' records. In order to allow patient care from the home I have also gone on home visits to assist patients with setting up technology equipment.

Conferences and Publications

Graduate Research & Performance Summit

February 7, 2014

An Exploratory Study of Factors Associated with Mental Health Outcomes among Women Living with HIV in Southern India

Committees and Memberships

American Psychological Association

August 2012-December 2013

Controlled Substance Committee (Inspector)

September 2011-July 2012

(Wm. S. Middleton Memorial Veterans Hospital)

Trainings and Certifications

Adolescent Trauma & Substance Abuse

December 10, 2013

Understanding Child Welfare & Dependency

September 29, 2013

DU Disaster Simulation

May 25-27, 2013

Psychological First Aid

October 12, 2012