

# LARRY A HELM

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## Professional Summary

Ability Summary Highly- Skilled line technician/lineman with 12+ years experience in the Lineman trade, installing and repairing cables and wires used in electrical power and distribution systems.

## Skills

- Strong written and verbal communication skills
- Hand/power tools
- Fast learner
- Basic computer skills
- Strong team player
- Technical school training
- Supervisory experience
- Wire knowledge
- Driving commercial vehicles
- Formally trained in industrial electricity
- HVAC experience
- Proficiency at reading blueprints

## Work History

Manufacturing Technician Supervisor , 05/2014 to 07/2014

Virginia Transformer Company – Roanoke, VA

- Oversee final production assembly line Troubleshoot for problems in case of failure.
- Take oil samples from main tank and transformers and carry out di-electric test.
- Perform pre-assembly ratio tests and troubleshoot Perform routine test and high voltage test.
- Verified that all process control parameters were being documented and followed at all times.
- Procured required manufacturing equipment and parts.
- Defined manufacturing performance standards and reviewed the outcome of performance goals to set future targets.
- Routinely improved product quality and reduced delivery costs.
- Directed improvements in safety, product quality, service and cost efficiency.
- Directed the manufacturing process and operational efficiency procedures to achieve goal of first run capability.
- Met aggressive production and safety goals while minimizing equipment downtime.

Line Mechanic , 05/2008 to 05/2013

Appalachian Power – Roanoke, VA

- Install or repair cables or wires used in electrical power or distribution systems.
- May erect poles and light or heavy duty transmission towers.
- OSHA certified.
- Consistently updated knowledge of safety requirements and policies.
- Constructs, maintains, and inspects transmission and distribution of electrical or power lines.
- Ensures that the circuits are effective and safe for customer use.
- Removes power lines that are damaged.

Line Mechanic , 06/2001 to 05/2008

Salem Electric Dept – Salem, VA

- Install or repair cables or wires used in electrical power or distribution systems.
- Erect poles and light or heavy duty transmission towers.OSHA certified.
- Consistently updated knowledge of safety requirements and policies.
- Constructs, maintains, and inspects transmission and distribution of electrical or power lines.
- Ensures that the circuits are effective and safe for customer use.
- Removes power lines that are damaged.

Appalachian Power

## Education

Political Science:

Norfolk State University - VA

2 Years of College or a Technical or Vocational School Political Science :

High School Diploma :

Salem High School General High School Curriculum - Salem , VA

**Lineman Certificaiton:**

**AEP Lineman Certification -**

## **Certifications**

- Lineman Certification
- OSHA certification/training
- CDL license

## **References**

William Shepherd  
Norfolk Southern Corporation  
Roanoke, Virginia  
540-354-7799  
Known for 15 years

Tony Lewis  
Norfolk Southern Corporation  
Salem, Virginia  
540-389-1017  
Known for 30 years

Tim Foutz  
Appalachian Power  
Vinton, Virginia  
540-525-1022  
Known for 7 years