

**Golden Coachman  
522 Chalet Dr  
Birmingham, AL 35209  
wardog1439@gmail.com  
205-200-7578**

**Education: Mississippi State University, Starkville, MS**

B.S. (Educational Psychology)

**United States Army, May 2003-present**

**Experience: United States Army, May 2003-Oct 2003**

Fort Sill OK and Fort Leonard Wood, Missouri

Completed both Basic Training and AIT (Advanced Individual Training) as Platoon Leader where I supervised over the Platoon of new Soldiers with making sure everybody is accountable with personnel, weapons and equipment.

**April 2004-2005** Deployed to Iraq where I developed and honed my Leadership skills which was recognized when my supervisors allowed me to lead my own Convoy where I lead over 80 civilians and soldiers through the dangerous routes in Iraq while making sure Millions dollars of Equipment and Cargo arrive safely and intact.

**World Class Athlete Program, Fort Carson, CO June 2009-Nov 2011**

Assigned section Sergeant where I supervised and help manage top athletes in the country making sure they made appointments on time, maintained military bearing, maintained military courtesy with ranking Officers, travel to track meets safely, stayed on top of injury prevention.

**Runners Roost Colorado Springs Oct 2009- March 2010**

I worked as a floor sales associate.

**Hospira, Mcpherson, KS Aug 2012- Oct 2013**

I worked as a Pharmaceutical/Compounding tech for one of the leading Pharmaceutical Factories in the country. While working I had access to products that was well worth over millions of dollars. The job was very high profile one of the toughest in the Factory. I had the responsibility of checking the product in making sure everything is correct, measuring out the right amount WFI (water for injection) to mix the raw product into and filtering into the Transfer Tank to deliver to the line.

**Skills:** Excellent Tractor Trailer Operator/Driver, Marksman with M-16 A2, Marksman with 50 Caliber fully automatic Machine Gun, Outstanding Public Speak very proficient with using Microsoft Office, Excellent Social Media knowledge.

**Honors and Awards:**

4x Indoor NJCAA All-American

4x Outdoor NJCAA All-American/

2x Outdoor NCAA All-American/

3x All-SEC/

2007 NACAC Gold Medalist/

2007 USATF Finalist (7th)/

2008 Olympic Trials Qualifier

2009 Military World Championship Finalist (4th)

2011 Military World Games Semifinalist (9th Overall)

Graduated top 10 in my Class in Advance Individual Training

Promoted to Sergeant in less than a year in the Army

Earned 2 Army Accomodation Medals While serving in the Army

Top 10 in Class during Warrior Leadership Course

National Defense Service Medal

Global War on Terrorism Service Medal

Global War on Terrorism Expeditionary Medal

Army Service Ribbon

Over Seas Service Ribbon

Armed Forces Reserve Medal

Driver and Mechanic Badge

**Other Experience:** Mentor and Train with Mississippi State University Distance Runners

Shadowed Houston Franks at certain Practices, Completed USATF Level I Coaching Course,

Volunteered Coached at Mcpherson College where one of my athletes won Conference and my other made All-Conference.