

Lauren Meis

Westminster, CO

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WORK EXPERIENCE

Paraprofessional

The Academy - Westminster, CO - January 2013 to March 2014

Responsibilities

I greeted the parents of each student before the student started each day, taught/help them with writing strokes, proper way to wash hands, music and movement, read to them, explored with materials, used the high tech Promethean board for calendar and research with the kids and had fun

Accomplishments

I believe I shared with my fellow employees about having fun but still being professional. I know it is very important to do your job accordingly and to show others how to do so. This can be accomplished by still having fun, being nice and getting along with one another.

Skills Used

I am very responsible when it comes to many things especially my job. I helped with time management, organising, discipline when it was needed, being flexible and ready for the unknown, very great social skills and of course being very professional.

Paraprofessional

Mapleton Early Learning Center - Denver, CO - August 2007 to May 2013

Responsibilities

Helped each student wash hands appropriately, help with reading/writing skills, age appropriate math activities, learn self confidence, I personally taught them yoga when their attention was wandering, had fun and enjoyed what I did

Accomplishments

Some impact that I had was on each and everyone of those kiddos and it was to never give up and always put your best foot forward.

Skills Used

I used many skills such as social/emotional, professional, honesty, flexibility, strength-physically and mentally and just being a hard worker. I did what I was told and I gave it my best.

Tour Guide

Miller Coors Brewing co - Golden, CO - October 2012 to March 2013

Responsibilities

I gave professional tours around the brewery. I also served beer and cleaned bar area.

Accomplishments

I had lots of fun when giving tours. I made sure everyone felt welcomed and intrigued in the history of the beer and Brewery.

Skills Used

Lots and lots of Social skills, interpersonal professional, organising, being very articulate when giving tours and of course being very nice and helping out when others needed it.

EDUCATION

Certificate in Level1/2 USUI Reiki practitioner

Margaret Buchanan, Usui Reiki Master - Strasburg, CO
2014 to 2014

Certifications in Early childhood Education

Front Range Community College - Westminster, CO
2008 to 2011

SKILLS

Basic computer skills (including all microsoft office), cash register, inventory management, basic math, some experience with data entry, highly organized and good writing skills

ADDITIONAL INFORMATION

I also am CPR/ AED and first aid trained and certified.