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Alexis Glaze

Rochester, MN 55904
alexisglaze3_9y6@indeedemail.com
5072548107

Work Experience

Direct Demo

Food Brand Ambassador - Rochester, MN
March 2019 to Present

Promotes brand names, products and services.

- Represents the company in a positive way.
- Builds line sales volumes.
- Interacts with customers and sales prospects.
- Works with other team members.
- Performs other marketing duties relevant to promoting the brand.
- Generates public interest in the brand.
- Provides complete information about the brand.
- Answers questions about the brand.
- Demonstrates how a product works.
- Gives out free samples of the product to the public.
- Meets sales goals.
- Establishes regular customers.
- Maintains a customer database and makes regular contacts.
- Sets up and breaks down displays of the brand.
- Keeps selling environment neat and clean, particularly when working with food products.
- Tracks inventory.
- Provides customer feedback regarding the brand to sales managers.

Unlicensed personnel

Marcella Manor - Rochester, MN
October 2020 to July 2021

I was a caregiver to 4 clients. Preparing two meals and passing medication multiple times a day. I did household chores such as laundry cleaning bathrooms helping clients with daily hygiene and toileting. Work with RN making sure clients are ready for appointments and outings with families.

Housekeeper

Rochester East Health Services - Rochester, MN
June 2019 to March 2020

Cleaned Community areas of the nursing home such as dining rooms bathrooms staff offices setting areas multiple times a day. Also cleaned residence rooms and personal bathroom ensuring that they clean and safe.

Dinning Room Attendant

Mayo Clinic - Rochester, MN

January 2016 to November 2016

- Making sure dishes were distributed to the correct table.
- Serving all the side necessary for the dish order.
- Helping cleaning up dishes from table.
- Ability to stand for long periods of time and move quickly.
- Provided excellent customer service.
- Handles sanitation of cooking appliances, and seating areas.
- Stocks inventory for the dining area.
- Clean up spilled food, drink, or broken dishes and remove trash.
- Attend to guests needs and requests in dining room
- Took dishes from dining room to kitchen

PCA Personal Care Assistant

Garden home healthcare - Saint Paul, MN

November 2015 to May 2016

Cook

Clean

Toileting

Housekeeping

CNA - Certified Nursing Assistant

Golden Living Centers - Rochester, MN

May 2014 to October 2015

- Check and record vital signs such as blood pressure and temperature.
- Measure and record height as well as the weight of patients.
- Assist residents and clients with bedpans and urinals.
- Assist patients with nutritional needs.
- Check food trays as well as monitor food intake.
- Help patients with personal hygiene and bathing.
- Provide nail, hair and skin care.

Assist patients and residents with dressing and undressing.

Resident Assistant

Accessible Space Inc. - Rochester, MN

December 2014 to March 2015

Responsibilities

Cook meals

clean up

help with ADL's

give medications

do range of motion

put residents to sleep

Accomplishments

Respond to resident call lights in a timely and efficient manner. Determine need and provide care for individuals

Provide social and emotional support, encourage resident who feels sad or lonely

Assist resident in the process of getting ready for the day, ensure they they are comfortable, on time for meals and activities

Transferee individuals from bed to chair and easy stand if needed, ensure safety and comfort

Treat resident with respect and dignity

Work range of motion

Skills Used

Minnesota certified nursing assistant license in good standing

CPR certified

Safety training

Temporary Assignment

Express Employment Professionals - Janesville, WI

July 2014 to August 2014

- Managed empty cases and other line problems.
- Performed quality checks and other related work.
- Recorded all data as required.
- Cleaned and sanitized all equipment and facility as required.
- Worked in team-based environment.

Housekeeper

Days Inn - Jefferson City, MO

January 2013 to December 2013

- Cleans rooms, hallways, lobby, restrooms, elevators, dining areas and other function rooms
- Replenish room supplies for the refrigerator, bathroom and work desk
- Conducts carpet cleaning activities in all required areas
- Responsible for proper disposal of garbage as outlined by management
- Provide linens, blankets, towels, and pillows upon request by guests
- Provide assistance to the elderly and young children when needed
- Oversee inventory of cleaning supplies and solvents
- Oversee laundry of hotel linen, towels, and beddings

Education

nursing assistant program in Nursing

Hawthorne education center - Rochester, MN

December 2014 to March 2015

Skills

- Certified Nursing Assistant (3 years)
- Laundry
- Nursing
- Vital Signs
- Medication Administration
- Home Care

- Patient Care
- Curriculum Development
- Teaching
- Caregiving
- Hospital Experience
- Microsoft Excel
- Customer service
- Microsoft Outlook

Certifications and Licenses

Certified Nursing Assistant (CNA) Certified nursing assistant

CPR

Certified Nursing Assistant (CNA)

High school diploma

August 2007 to May 2011

Assessments

Work style: Conscientiousness — Highly Proficient

September 2020

Tendency to be well-organized, rule-abiding, and hard-working

Full results: [Highly Proficient](#)

Clinical judgment — Highly Proficient

January 2019

Measures a candidate's ability to assess a patient's condition and implement the appropriate medical intervention.

Full results: [Highly Proficient](#)

Nursing assistant fit — Familiar

September 2020

Measures the traits that are important for success for nursing assistants.

Full results: [Familiar](#)

Home health aide skills — Highly Proficient

July 2021

Providing care to patients in a home setting

Full results: [Highly Proficient](#)

Work style: Reliability — Expert

July 2021

Tendency to be reliable, dependable, and act with integrity at work

Full results: Expert

Administrative assistant/receptionist — Highly Proficient

August 2021

Using basic scheduling and organizational skills in an office setting

Full results: Highly Proficient

Customer service — Proficient

August 2021

Identifying and resolving common customer issues

Full results: Proficient

Early childhood development — Proficient

August 2021

Knowledge of the development of children ages 0-3 and of ways to foster that development

Full results: Proficient

Administrative assistant/receptionist — Highly Proficient

August 2021

Using basic scheduling and organizational skills in an office setting

Full results: Highly Proficient

Patient-focused care — Familiar

August 2021

Responding to patient concerns with sensitivity

Full results: Familiar

Basic attention to detail — Highly Proficient

August 2021

Identifying differences in materials, following instructions, and detecting details among distracting information

Full results: Highly Proficient

Indeed Assessments provides skills tests that are not indicative of a license or certification, or continued development in any professional field.